

# “What Do You Do With Pain?”

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**By Max Lucado**

SAN ANTONIO, Texas—We all have pain. Some sufferings we deserve, but many we do not.

- Deformities?
- Death of a child?
- Wartime atrocities?

What do you do with these?

Why are some people bitter, angry, and harsh—while others are tender, receptive and kind?

Much of the answer is found in their response to pain.

Scripture makes three clear statements about affliction.

- First, there is no pain-free option. Jesus said: “In the world, you will have tribulation” (John 16:33).
- Second, everyone does something with pain. Numb it. Obsess over it. Run from it.
- But, thirdly, pain displays God’s glory. We exist to make a big deal out of God.

Regarding humanity, God declares: “I have made them for My glory. It was I who created them” (Isaiah 43:7).

And nothing glorifies God greater than faith in the midst of suffering.