

# ANNOUNCEMENTS

## Church of God Big Sandy

ChurchofGodBigSandy.com

May 15, 2021 • 1:00 p.m. • Sunset 8:10

### Seminar

Seminar—1:00 to 2:30 p.m. . . . David and Melodee Eishen  
(Not transmitted live)

### Order of service—3:00 p.m.

Song leader . . . . . Reg Killingley  
Pianist . . . . . Dixon Cartwright  
Scripture reading . . . . . Psalm 119:17–32  
Sermon . . . . . Stan West

### Quick takes

1. Pastor's trip—Today, Dave Havir is visiting a congregation in Fort Worth. He is scheduled to be back tomorrow for our observance of the Day of Pentecost.
2. Day of Pentecost tomorrow—The congregation will observe the Day of Pentecost tomorrow. Following is the schedule.
  - 1:00 p.m. Interactive study—by Dave Havir
  - 2:00 Presentation study—by Dave Havir  
(Also transmitted live)
  - 3:00 Church service—sermon by Reg Killingley
  - 4:00 Enhanced finger foods
3. Interactive seminar today from 1:00 to 2:30—David and Melodee Eishen are scheduled to continue the lively discussion of the book *Take Cover: Finding Peace in God's Protection*. (The first seminar was on Feb. 27, and the second seminar was on April 24.)
  - Date—Saturday, May 15
  - Time—1:00 to 2:30 p.m.
  - New and returning participants are welcome.
  - Food will be again be included.
  - Attendees can eat during the discussion.
  - A handout with the main discussion points will be provided.
  - This interactive seminar will not be recorded or be a live transmission.

4. Sound-volume issue on website—For several weeks now, we are aware that the sound volume of the presentations on our website is not at an appropriate level for many people.
  - We have heard from people who have enough sound volume to continue listening.
  - But we have also heard from people who do not have enough sound volume to continue listening.
  - Thank you for letting us know.
  - We apologize for the inconvenience.
  - We are addressing the problem.
  - (Please see the next announcement.)
5. Equipment repair—The problem of the lower sound volume on the website has been related to a faulty part.
  - The part is under warranty and has been sent off to be repaired.
  - It is unfortunate that the repair company did not send us a working part as a replacement.
  - We are trying to nudge the company to speed up the repair process.
  - Thank you for your patience.
6. Wednesday-night Bible study on May 19 at 7:00—People are encouraged to attend in the building or via a live transmission.
7. Memorial service for Virgil Webb—In the May 1 bulletin, we mentioned that Virgil Webb died on April 9. The family has scheduled a memorial service at a convenient time for members of our congregation.
  - Date—Saturday, May 22
  - Time—10:00 a.m.
  - Location—Big Sandy Civic Center (training room)
  - Address—912 E. Tyler St. in Big Sandy
  - Pay respects to family—9:30 a.m. to 4:00 p.m.
8. Nomination phase—May is the time for our congregation to nominate people to be included in the election phase (in June) for our church board.
9. Upcoming guest speakers—We are pleased to announce that a few guest speakers will be visiting us in the coming weeks.
  - May 29                      Blake Silverstein
  - June 12                     Larry Watkins
  - June 19                     Jim Johns
  - June 26                     Wynn Skelton
10. Feast of Tabernacles housing—Recently, we posted information about Feast housing for the Feast sites in Destin and Myrtle Beach.
  - Destin                      Pelican Beach Resort
  - Myrtle Beach              Avista Resort
11. Edifying the Body—This week’s article is “Résumé for the Firstfruits” by Bernice Burson.

12. Among Friends—This week's article is "Surviving in an Angry World—Part 4" by Dave Havir.
13. Eye on the World—This week's "Eye on the World" is 40 pages.

## Prayer updates

Please remember to pray for the following people who live at home but are not able to regularly attend our church service—**Sonny Rosenberger, Laura Moran, David Bonilla, Annette Payne, Ronnie Shirley** and **Timberly Dunnam**.

Please remember to pray for the following people who are rehabbing at Legend Oaks Nursing Home in Gladewater—**Ron Feaker** and **Elaine Holloway**.

In the April 24 bulletin, we mentioned that **Alvis** and **Sadie Copeland** of Marshall (uncle and aunt of **Shirley Spearman**) were not feeling well—with Mr. Copeland having been diagnosed with covid. They are doing much better.

**Laura Moran** is anticipating an appointment with her cardiologist to have an echocardiogram.

On Thursday morning, **Dave Havir** had his regular appointment with his cardiologist. (He has not been suffering negative symptoms.) The doctor was pleased with the results of the EKG and the echocardiogram. The doctor made no adjustments to the daily regimen—one "low-dose coated" aspirin and some CoQ10. (Mr. Havir keeps his doctor informed about other vitamins that he takes.)

## New prayer requests

On Wednesday, **Bernice Burson** was bitten by a pit-bull dog inside the assisted-living facility while visiting **Donna Weese**. The animal was living two rooms away from Mrs. Weese. The incident was immediately reported. Friends of Mrs. Burson were prepared to put pressure upon the facility to fix the problem. However, we heard that the dog was evicted. (Those friends were determined to not allow the dog to be a threat to Mrs. Weese or to the people who visit her.)

**Jean Benedict** gives the following health reports about family members in the area. Mrs. Benedict's son-in-law and daughter (**Walter** and **Kitty Crane** of Gladewater) were diagnosed with covid. Mr. Crane was diagnosed with pneumonia but was able to return home on Monday. Mrs. Benedict's grandchildren (**Neal** and **Rita Crane** of Gladewater) were also diagnosed with covid. The younger Mr. Crane was also diagnosed with pneumonia but was able to return home on Tuesday. The younger Cranes have four children, and their youngest child was diagnosed with strep throat.

**Joanne Cross** of St. Louis, Mo., has been diagnosed with a cancerous tumor in her lung.

**Fred Kenknight** of Lahaina, Hawaii, was recently diagnosed with congestive heart failure and has been using oxygen.

**Alan Redmond** of Winnipeg, Man., Canada, died at the end of April. Please remember his wife, **Carolyn**, and the rest of the family in your prayers.

## “Surviving in an Angry World—Part 4”

This article is from the “Among Friends” section of the Church of God Big Sandy’s website, [churchofgodbig sandy.com](http://churchofgodbig sandy.com). It was posted for the weekend of May 15, 2021. (The article was previously posted March 1, 2014.)

**By Dave Havir**

**B**IG SANDY, Texas—On April 24, I began a series to mention concepts from a book titled *Surviving in an Angry World*. The book was written in 2010 by Charles Stanley.

This is the fourth installment.

On page 71, Dr. Stanley wrote: “Anger has a way of linking itself to many other emotions—with the end result almost always negative.”

### **Lethal combinations**

Dr. Stanley continued: “Consider these combinations.”

- Anger + Hatred = Rage
- Anger + Bitterness = Revenge
- Anger + Worry = A Divided Mind
- Anger + Confusion = Turmoil/Indecision
- Anger + Insecurity = Manipulation/Control Tactics
- Anger + Stress = Physical, Mental or Emotional Breakdown/Burnout
- Anger + Resentment = Retribution
- Anger + Fear = Irrational Response
- Anger + Sorrow = Disorientation/Inability to Function

Dr. Stanley continued: “Certainly these aren’t all the combinations possible between anger and other emotions. And these are not the only results that occur from the combinations. Anger is unpredictable.

“Even so, consider the implications of combining two or more toxic emotions. Just as certain chemicals explode or react when combined, anger is very often a catalyst for intensely negative behavior.”

### **Link to other factors**

On page 72, Dr. Stanley wrote: “Anger also tends to take on different forms depending on time, space, and situation. Consider these combinations.”

- Anger + Urgency = Panic
- Anger + Confinement = Explosive Behavior
- Anger + Constraint = Tantrums
- Anger + Grief = Cloudy Thinking
- Anger + Too Many Options = Poor Decision Making

### **Identify contributing factors**

Dr. Stanley continued: “Why should we be concerned with other factors associated with anger? Because of its volatility.

“What makes a person angry usually is not consistent over time. Nor does anger in a relationship always stem from the same set of circumstances or follow the same behavioral patterns.

“If you are able to identify another factor associated with anger, very often you can deal with a situation in a way that diffuses or lessens it.

“For example, if you realize that your anger is caused by stress, addressing that specific issue either personally or professionally will make a big difference . . .

“Recognize that the causes and effects of anger are not always straightforward. In your attempts to get to the primary cause of an anger problem, you may find yourself dealing with a number of issues.

“But that’s okay. Address each of them as they come up, and don’t stop dealing with them.”

## From church bulletins

“Low Self-Esteem Support Group will meet Thursday at 7:00 p.m. Please use the back door.”