

“Jesus Knows How You Feel”

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By Max Lucado

SAN ANTONIO, Texas—Remember when you sought a night’s rest and got a colicky baby?

Remember when you sought to catch up at the office and got even further behind? You can add to the list of interruptions sorrow, excitement and bedlam. Sound familiar? Take comfort—it happened to Jesus too.

You may have trouble believing that. You probably believe Jesus knows what it means to endure heavy-duty tragedies. You’re no doubt convinced Jesus is acquainted with sorrow and has wrestled with fear. Most people accept that. But can God relate to the hassles and headaches of my life? Of your life? For some reason this is harder to believe.

Jesus knows how you feel. His eyes have grown weary. His heart has grown heavy. He has had to climb out of bed with a sore throat. He has been kept awake late and gotten up early. Jesus knows how you feel.